



electronic persistent pain outcomes collaboration

Characteristics & outcomes for people with low back pain (LBP)

We examined information provided at referral & treatment end for over 13,000 patients with chronic pain; here's what we found...



At referral, people with Primary LBP:

At treatment end, people with Primary LBP:



were more likely to have had **pain >5 years** (31%) compared to those without LBP (19%)

had scores indicating greater severity for pain, mood and cognition compared to those without LBP

Despite greater clinical severity at referral...

Almost



were more likely to be using opioids (54%) compared to those without LBP (40%)





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D Shebeshi, S F Allingham, H Tardif & J White, 'Profile of adult patients referred for specialist pain management in New Zealand, ePPOC Information Series No. 1, 2021. Scan QR to view paper

